

Cheder
Lubavitch
Hebrew
Day School

All grains
are whole
wheat rich

JUNE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Potato Knishes Yogurt Chickpea Salad Fruit Granola Milk
4 Burger Bun French Fries Pickle & Tomato Slices BBQ Sauce/Ketchup Fruit Juice/Water	5 Pizza Knishes Breadstick Cucumber Salad Ketchup Mayo Fruit Milk	6 BBQ Chicken Kaiser Roll Lima Beans Sliced Pickles Fruit Juice/Water	7 Baked Ziti or Plain Ziti+ Cheese Stick Carrot & Celery Sticks Dipping Sauce Fruit Milk	8 Cheese Quesadilla Chips Salsa Baby Carrots Fruit Milk
11 Chicken Nuggets Wild Rice Pilaf Carrots BBQ Sauce/Ketchup Fruit Juice/Water	12 Pizza Pizza Toppings Garden Vegetable Salad Dressing Ketchup Fruit Milk	13 Corn Taco Taco Meat Spanish Rice Fajita Peppers Fruit Juice/Water	14 Garlic Bread Baked Potato Cheese Cup Ketchup Fruit Milk	

Meals are
subject to
change

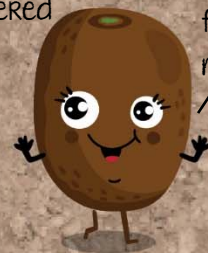


All meals conform
to the USDA
National School
Lunch Menu
Guidelines

A choice of chocolate and
regular milk will be offered
on milchig days



All items are
fleishig on
meat days



AGUDATH ISRAEL
OF ILLINOIS