

Cheder  
Lubavitch  
Hebrew Day  
School

All grains  
are whole  
wheat rich

# DECEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Bagel Tuna/Cheese Slices Three Bean Salad Sliced Tomatoes Fruit Milk
4 Hamburger Bun Tater Tot Pickle and Tomato Slices BBQ Sauce/Ketchup Fruit Juice/Water	5 Pizza Toppings Salad Dressing Ketchup Fruit Milk	6 Chicken Schnitzel Bun Chickpea Salad BBQ Sauce/Ketchup Fruit Juice/Water	7 Yud-Tes Kislev Special Seuda Fleishigs ALL CHEDER!	8 French Toast Cheese Stick Carrot Sticks Syrup Fruit Milk
11 Chicken Nuggets Rice with Vegetables Corn BBQ Sauce/Ketchup Fruit Juice/Water	12 Pizza Knish Yogurt Israeli Salad Fruit Milk	13 Meat Sauce Rice Carrots and Celery Hummus Fruit Juice/Water	14 Pasta al Pomodoro Cheese Stick Salad Choice of Dressing Fruit Milk	15 No School
18 No School	19 Baked Mac and Cheese Carrots and Celery Bean Dip Ketchup Fruit Milk	20 Schnitzel Patties Crinkle Fries Roll Fruit Juice/Water	21 Pizza Toppings Salad Ketchup Dressing Fruit Milk	22 Baked Potato Cheese Cup Olives/Mushrooms Ketchup Fruit Milk
25 Taco Meat Spanish Rice Corn Fruit Juice/Water	26 Garlic Breadstick Fish Sticks Oven Fries Ketchup Fruit Milk	27 BBQ Chicken Breast Pita Crunchy Coleslaw Sliced Pickles Fruit Juice/Water	28 No Lunch	29 Bagel Tuna/Cheese Slices Three Bean Salad Sliced Tomatoes Fruit Milk

Meals are  
subject to  
change



All meals conform  
to the USDA  
National School  
Lunch Menu  
Guidelines

A choice of chocolate and  
white milk will be offered  
on milchig days



All items are  
fleishig on  
meat days



AGUDATH ISRAEL  
OF ILLINOIS